



FILED FOR RECORD  
at 1:30 o'clock P M

MAY 09 2023

By BECKY LANDRUM  
County Clerk, Hunt County, Tex.

18,136  
**Hunt County, Texas Proclamation  
for Mental Illness Awareness Month**

*Whereas*, mental health is part of overall health; and,

*Whereas*, one in five adults experiences a mental health problem in any given year; and,

*Whereas*, approximately one-half of chronic mental illness begins by the age of 14 and three-quarters by age 24; and,

*Whereas*, suicide is the 10th leading cause of death in the United States and the 2nd leading cause among young adults, and 90% of people who die by suicide had shown symptoms of a mental health condition, according to interviews with family, friends and medical professionals; and,

*Whereas*, long delays—sometimes decades—often occur between the time symptoms first appear and when individuals get help; and,

*Whereas*, early identification and treatment can make a difference in successful management of mental illness and recovery; and,

*Whereas*, it is important to maintain mental health and learn the symptoms of mental illness in order to get help when it is needed; and,

*Whereas*, every citizen and community can make a difference in helping end the silence and stigma that for too long has surrounded mental illness and discouraged people from getting help; and,

*Whereas*, public education and civic activities can encourage mental health and help improve the lives of individuals and families affected by mental illness.

**NOW, THEREFORE, BE IT PROCLAIMED** that May 2023, be declared Mental Illness Awareness Month in Hunt County, Texas, to shine a light on mental illness and fight stigma, provide support, educate the public and advocate for equal care.

In official witness whereof this 9th day of May, 2023

Mark Hutchins  
Commissioner Mark Hutchins

Bobby W. Stovall  
County Judge, Bobby W. Stovall

David Monroe  
Commissioner David Monroe

Phillip A. Martin  
Commissioner Phillip Martin

Steven Harrison  
Commissioner Steven Harrison

Attested by: Becky Landrum  
County Clerk, Becky Landrum